

# 2025 TIMETABLE



## MORNING KINDA

18monthth - 5years

Parents and Me | Breakaway | Preschoolers

### MONDAY

9:30-10:30am

PARENT and ME

BREAKAWAY

PRESCHOOLER

10:45-11:45am

PARENT and ME

BREAKAWAY

PRESCHOOLER

### THURSDAY

9:30-10:30am

PARENT and ME

BREAKAWAY

PRESCHOOLER

ALL BOYS

10:45-11:45am

PARENT and ME

BREAKAWAY

PRESCHOOLER

### FRIDAY

10:45-11:45am

PARENT and ME

BREAKAWAY

PRESCHOOLER

ALL BOYS



## 1HR REC | ACADEMY NINJA

Ages 4 - 7yrs

Preschoolers | School Age | Academy Ninja

### MONDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

### TUESDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

ALL BOYS

### WEDNESDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

### THURSDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

### FRIDAY

4:15-5:15pm

Preschoolers 4-5

School Age 6-7

Academy Ninja

### SATURDAY

8:30-9:30|9:30-10:30

10:30-11:30am

Preschoolers 4-5

School Age 6-7

ALL BOYS 8:30

BREAKAWAY  
3yrs + 10:30am only

# 2025 TIMETABLE



## 2HR REC | Parkour Twisters

Ages 6 - 12yrs

| School Age 6-8yrs | School Age 9-12yrs | Parkour Twisters

**MONDAY**  
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

**TUESDAY**  
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

**ALL BOYS**

**WEDNESDAY**  
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

**THURSDAY**  
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

**FRIDAY**  
4:30-6:30pm

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

**SATURDAY**  
8:45-10:45am

School Age 6-8yrs

School Age 9-11yrs

Parkour Twisters

## Advanced Rec | Ninja Fit | Tumbling Specific

Ages 8 - 15yrs +

Ages 8-11yrs | Ages 11-15yrs+ | Ninja Fit | Tumbling Specific

**MONDAY**  
5:30-7:30pm

Ages 8-11yrs

Ages 11-15yrs+

Ninja Fit

**WEDNESDAY**  
5:30-7:30pm

Ages 8-11yrs

Ages 11-15yrs+

Ninja Fit

**THURSDAY**  
5:30-7:30pm

Ages 8-11yrs

Ages 11-15yrs+

**TUMBLING SPECIFIC**

**SATURDAY**  
8:45-10:45am

Ages 8-11yrs

Ages 11-15yrs+

**TUMBLING SPECIFIC**